

Pediatric Referral List†

***Note:** Agencies that also have psychiatrists to prescribe psychiatric medications are starred.

***Community Service Boards:** CSBs are local county agencies that offer therapy and psychiatry services for children, youth and families with behavioral/mental health needs & also provide referrals.

Richmond Behavioral Health Authority (City of Richmond)	http://rbha.org/child-mental-health.htm Counseling and psychiatry services: (804) 819-4000 Emergency line: (804) 819-4100
Henrico County (<i>West and East of the city</i>)	http://www.co.henrico.va.us/mhmr/ Counseling: (804) 727-8500 Emergency mental health services: (804) 727-8484
Chesterfield County (<i>South of city</i>)	http://www.chesterfield.gov/content.aspx?id=3194 Counseling: (804) 768-7203 24-hour crisis line: (804) 748-6356
Hanover County (<i>North of the city</i>)	http://www.co.hanover.va.us/csb/default.htm Counseling, psychiatric services, and emergencies: (804) 365-4200
District 19 (Petersburg, VA and Tri-Cities <i>South of Richmond</i>)	http://www.d19csb.com/ Counseling: (804) 863-1689 (child services)/(804) 863-8002 (adult) Crisis line: (804) 862-8000

In-home counseling services: You must contact your local CSB to request a VICAP intake appointment if you are interested in receiving in-home counseling services. In-home agencies typically offer 5 or more hours/week of individual and family counseling and case management services in the home. Medicaid eligible and sliding scale.

Center for Child and Family Services (804) 282-0003 http://thecenterforchild.com/	Home for Good (804) 562-6604 www.outcomescount.com	United Methodist Family Services (804) 353-4461 or (866) 588-3533 http://umfs.org/
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Therapy Clinics that accept Medicaid or affordable sliding fee scale

- *Virginia Treatment Center for Children: *VCU Department of Psychiatry: Offers therapy and psychiatric services*
515 North 10th Street, Richmond, VA 23298
(804) 828-3137 (leave a message and your call will be returned)
<http://www.vcuhealth.org/vtcc/>
- Center for Psychological Services and Development (CPSD): *Training center for VCU's Department of Psychology; sliding fee scale*
 - Anxiety Clinic for children and adults, Autism Clinic, Psychological Assessment Clinic
612-620 North Lombardy Street, Richmond, Virginia 23284-3033
(804) 828-8069 • E-mail: cpsd@vcu.edu
http://www.has.vcu.edu/psy/cpsd/welcome_mat/welcome.html
- Jewish Family Services: *Therapy services for children and families of all faiths and presenting issues*
6718 Patterson Ave, Richmond, VA 23226
(804) 282-5644 x 234
<http://www.jfsrichmond.org/>
- Jill A.F. Gasper, Ph.D, LCP
Accepts Anthem, Aetna, & Medicaid
410 N. Ridge Rd, Suite 110
Richmond, VA 23229
(804) 282-1800 x2
Email: jillgasper@gmail.com

† *Referral Process:* Most clinics will ask you to speak very briefly about what concerns you would like to address so they can match you with the appropriate therapist or psychiatrist. Also, be sure to ask about insurance coverage (i.e. Medicaid, etc.) or discounts (sliding scale) for specific services.

Therapy Clinics that primarily accept private insurance:

- *Child Savers Guidance Clinic *Therapy and psychiatric services for children*
200 N. 22nd Street, Richmond, VA 23223
(804) 644-9590
<http://www.childsavers.org/GuidanceClinic.htm>
- *Dominion Behavioral Healthcare (4 locations)
Midlothian, Courthouse Rd: (804) 794-4482
Midlothian, Harbor Pointe: (804) 639-1136
Glen Allen, Nuckols Rd and West End, Pembroke Medical Center (804) 270-1124
- *Westhampton Family Psychologists
1503 Santa Rosa Rd, Suite 105 (*Near West End*)
Richmond, VA 23229
(804) 673-0100
<http://wfp-help.com/>
- *Commonwealth Counseling Associates
Locations in Hanover (*North*), the West End, and Chesterfield (*South*)
Phone (main office): (804) 730-0432
<http://www.commonwealthcounseling.com/>
- The Westwood Group
Locations in Southside, the West End
Phone (main office): (804) 264-0966
www.thewestwoodgroup.org

Psychiatry:

In addition to the starred agencies (indicating medication management services) these agencies have medical doctors that can prescribe psychiatric medications:

- Tucker's Pavilion (Chippenham): contact Drs. Charles Hall or Martin Buxtin (804) 320-7881

Specific mental health concerns:

Developmental issues, possible autism-spectrum:

- Children's Hospital (804) 228-5818
- Commonwealth Autism Center (Donald Oswald) (804) 355-0300, (800) 649-8489
- VCU Child Development Clinic (Dr. Accardo) (804) 628-4228, (888) 628-4240
- Spectrum Transformations Group (804) 378-6141

Child victims of abuse and trauma:

- Stop Child Abuse Now (SCAN - Child Advocacy Clinic): provides therapy services with a trauma specialty (804) 257-7226
- Child Savers: No wait list for traumas, especially those within 1 year. (804) 644-9590

General Richmond Referral Resources: <http://www.mentalhealth4kids.org>

Bereavement:

- Comfort Zone Camp: free weekends and summer camps for children and young adults who have lost a loved one
<http://www.comfortzonecamp.org/>
- Grief Resource Center: Jill Fitzgerald, LPC, offers therapy (Glen Allen) and referrals (804) 257-9348
- Websites with links to resources: fullcirclegriefcenter.org (Richmond resources) and hellogrief.org

Parenting Support:

- Family Lifeline: offers parenting groups, classes, and referrals (804) 282-4255
- Healthy Families program: Long-term mentoring support for new mothers in the home. Contact:
Joann Robertson- Richmond *South* (804) 646-3306
Charlotte Johnson- Richmond *North* (804) 353-4264
- Commonwealth Parenting Center: offers parenting classes
(804) 545-1928
commonwealthparentingcenter.org