

12th Annual ASK 5K & Fun Walk

Age Group Results

5K Run

Race Date
April 22, 2017

Female Open Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Time Back</u>
1	Rachel Mudd	Mechanicsville VA	2405	14	6	20:36.48	20:36.82	
2	Maggie Pollard	Charlotte NC	2250	34	11	22:14.37	22:16.06	1:37.89
3	Elizabeth Lucas	Midlothian VA	2199	41	18	23:05.78	23:11.21	2:29.30

Male Open Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Time Back</u>
1	Hisham Vohra	Midlothian VA	2327	17	1	16:51.82	16:52.10	
2	Mike Colaiacovo	Richmond VA	2064	47	2	17:07.70	17:08.07	0:15.88
3	Randy Shelton	Mechanicsville VA	2374	42	3	18:44.16	18:44.65	1:52.34

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Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Virginia Bird	Powhatan VA	2026	11	25	24:47.23	24:57.49	4:10.75
2	* Courtney Mudd	Mechanicsville VA	2404	12	28	24:57.85	24:59.79	4:21.37
3	* Sierra Hancock	Richmond VA	2127	11	71	29:18.59	29:20.92	8:42.11
4	Olivia Branson	Richmond VA	2030	10	74	29:32.03	29:57.56	8:55.55
5	Georgia Lucas	Midlothian VA	2200	9	83	30:06.25	30:12.87	9:29.77
6	Gracie Branson	Richmond VA	2029	9	87	30:26.75	30:53.02	9:50.27
7	Elise Simonton	Richmond VA	2296	11	97	30:48.20	30:51.41	10:11.72
8	Lily Brolund	Midlothian VA	2036	7	118	32:17.02	32:43.74	11:40.54
9	Kate Doherty	Midlothian VA	2078	12	136	33:39.41	34:00.33	13:02.93
10	Miranda Ellis	Mechanicsville VA	2085	9	168	35:40.09	35:43.63	15:03.61
11	Adrien Samuel	Midlothian VA	2279	8	169	35:42.56	35:56.84	15:06.08
12	Tegan Murphy	Henrico VA	2233	8	176	36:35.60	36:53.70	15:59.12
13	Reese Minor	Midlothian VA	2221	9	185	37:58.18	38:09.51	17:21.70
14	Mia Poore	Glen Allen VA	2253	6	211	40:16.96	40:35.91	19:40.48
15	Camille Marx	Richmond VA	2209	8	221	42:17.45	42:24.88	21:40.97
16	Raegan Lumpkins	King George VA	2203	12	230	44:37.24	45:01.13	24:00.76
17	Lauren Hagin	Henrico VA	2123	10	233	45:13.37	46:24.49	24:36.89
18	Ameen Rahman	Chester VA	2255	8	234	45:16.48	45:40.63	24:40.00
19	Sunny Goalder	Waynesboro VA	2106	10	242	45:48.55	46:21.35	25:12.07
20	Alayna Williams	Midlothian VA	2335	11	244	46:16.20	46:24.94	25:39.72
21	Katie Hollister	Henrico VA	2145	11	266	52:39.80	55:38.88	32:03.32
22	Momina Raja	Glen Allen VA	2263	8	270	54:31.66	55:21.31	33:55.18
23	Lily Brooks	Richmond VA	2040	9	279	57:17.97	59:43.81	36:41.49
24	Natalie Ellis	Mechanicsville VA	2086	5	282	57:35.19	57:37.70	36:58.71
25	Gabrielle Hill	Glen Allen VA	2136	10	285	58:41.09	59:34.77	38:04.61
26	Landry Estes	Spring Grove VA	2090	11	299	1:02:29.85	1:03:15.30	41:53.37
27	Jenna Schwab	Midlothian VA	2291	12	307	1:05:21.91	1:09:26.35	44:45.43
28	Reese Jordan	Midlothian VA	2151	8	316	1:09:57.15	1:13:12.63	49:20.67
29	Madeleine Anderson	Henrico VA	2009	10	319	1:12:21.23	1:14:25.49	51:44.75
30	Chloe Galichon	Glen Allen VA	2099	8	325	1:13:55.75	1:16:34.95	53:19.27
31	Virginia Clarke	Henrico VA	2062	7	330	1:15:54.96	1:19:35.31	55:18.48

Male 12 and Under

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Daniel Mudd	Mechanicsville VA	2402	12	7	22:04.93	22:06.23	5:13.11
2	* Will Cox	Richmond VA	2071	11	10	22:14.07	22:15.13	5:22.25
3	* Adam Lucas	Midlothian VA	2198	12	15	22:41.64	22:47.59	5:49.82
4	Jake Kilpatrick	Mechanicsville VA	2176	10	21	23:42.57	23:43.16	6:50.75
5	Jack Longest	Richmond VA	2194	12	23	24:24.72	24:29.84	7:32.90
6	George Simonton	Richmond VA	2297	11	24	24:41.52	24:43.08	7:49.70
7	Brown Ukrop		2408	7	26	24:47.65	25:01.43	7:55.83
8	Daanish Khan	Midlothian VA	2166	12	35	25:35.63	25:44.31	8:43.81
9	Bowman Novey		2395	12	39	25:50.32	25:55.77	8:58.50
10	Ethan Hoyt	Powhatan VA	2146	9	42	26:38.74	26:45.81	9:46.92
11	Jackson Wright	Midlothian VA	2346	11	48	27:10.47	27:16.74	10:18.65
12	Björn Petersson	Richmond VA	2242	11	60	28:26.70	28:38.22	11:34.88
13	Kevin Cedeno	Chesterfield VA	2054	10	63	28:51.70	28:52.48	11:59.88
14	Arjun Ashok	Henrico VA	2013	12	64	28:57.17	29:17.27	12:05.35
15	Dawson Hancock	Richmond VA	2126	11	66	29:14.12	29:16.30	12:22.30
16	Yusuf Chanda	Glen Allen VA	2059	11	80	29:55.55	30:04.85	13:03.73
17	Travis Scott	Cumberland VA	2377	10	96	30:47.83	31:00.17	13:56.01
18	Per Petersson	Richmond VA	2243	7	101	31:15.14	31:26.97	14:23.32
19	Aayan Samdani	Richmond VA	2276	9	111	32:07.05	35:48.03	15:15.23
20	Zachary Heath	Midlothian VA	2371	11	116	32:10.73	32:30.62	15:18.91
21	Noah Heath	Midlothian VA	2369	7	142	33:58.21	34:18.09	17:06.39
22	Elias Samuel	Midlothian VA	2280	7	147	34:19.02	34:34.15	17:27.20
23	Riggs Ukrop		2407	9	153	35:12.77	35:26.77	18:20.95
24	Tyler Melson	Richmond VA	2218	5	163	35:32.65	35:44.94	18:40.83
25	David Bian	Glen Allen VA	2025	12	181	37:15.03	37:24.25	20:23.21
26	Asher Alaimo		2393	8	187	38:15.64	38:32.05	21:23.82
27	Jacob Poore	Glen Allen VA	2252	9	192	39:04.36	39:22.40	22:12.54
28	James Goalder	Waynesboro VA	2104	12	199	39:24.76	39:58.13	22:32.94
29	Thomas Gupton	Richmond VA	2120	8	200	39:25.36	41:00.43	22:33.54
30	Christopher Holder	Henrico VA	2142	7	205	39:39.37	39:49.55	22:47.55
31	Nate Brown	Henrico VA	2043	8	206	39:41.08	41:07.47	22:49.26
32	Taaha Bhatti	Midlothian VA	2023	9	217	41:53.13	42:00.29	25:01.31
33	Zaki Siddiqi		2411	9	218	41:53.74	41:59.89	25:01.92
34	Shayan Minai	Midlothian VA	2220	10	220	42:04.43	42:12.44	25:12.61
35	Walker Hogan	Richmond VA	2140	11	224	42:37.68	42:37.68	25:45.86
36	Saaleh Khan	Glen Allen VA	2170	11	226	43:57.23	44:05.06	27:05.41
37	Watson Belcher	Salem VA	2020	4	229	44:25.19	44:45.61	27:33.37

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Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
38	Sadiq Rahman	Chester VA	2256	5	236	45:24.22	45:50.31	28:32.40
39	Garrett Tarchokov	Richmond VA	2304	11	238	45:25.82	45:25.82	28:34.00
40	Chase Kilpatrick	Mechanicsville VA	2173	10	253	48:16.29	48:17.55	31:24.47
41	Cruz Kilpatrick	Mechanicsville VA	2175	4	255	48:54.75	49:05.42	32:02.93
42	Sam Gupton	Richmond VA	2119	5	259	50:23.27	52:00.45	33:31.45
43	Adan Konkel	Glen Allen VA	2179	5	274	55:28.86	57:38.93	38:37.04
44	Ethan Moosa	Glen Allen VA	2356	8	293	1:01:01.31	1:03:28.26	44:09.49
45	Noah Kaplan	Glen Allen VA	2155	7	295	1:01:54.44	1:04:22.17	45:02.62
46	Daniel Viener	Henrico VA	2324	11	303	1:04:11.48	1:08:35.33	47:19.66
47	Musa Khan	Midlothian VA	2169	9	304	1:04:19.71	1:05:07.33	47:27.89
48	Monty Mukhopadhyay	Glen Allen VA	2231	9	310	1:08:37.94	1:09:54.31	51:46.12
49	Carter Anderson	Henrico VA	2008	8	311	1:09:03.65	1:10:13.83	52:11.83
50	Aamir Khan	Midlothian VA	2165	9	320	1:12:43.00	1:13:32.31	55:51.18
51	Henry Treanor	Richmond VA	2314	3	327	1:14:16.38	1:19:29.31	57:24.56

Female 13 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Ava McHugh		2394	14	49	27:11.73	27:15.62	6:35.25
2	* Grace Novey		2397	14	50	27:14.10	27:18.35	6:37.62
3	* Faith Goalder	Waynesboro VA	2102	16	68	29:14.48	29:42.17	8:38.00
4	Keeley Williams	King George VA	2338	13	72	29:19.94	29:22.86	8:43.46
5	Jordan Heath	Midlothian VA	2370	18	85	30:19.69	30:38.39	9:43.21
6	Phoebe Heath	Midlothian VA	2368	13	86	30:20.45	30:39.16	9:43.97
7	Joule Wright		2378	16	105	31:45.05	31:53.08	11:08.57
8	Victoria Heath	Midlothian VA	2367	16	117	32:11.43	32:31.02	11:34.95
9	Sylvia Grawe	Midlothian VA	2109	13	123	32:44.15	33:09.59	12:07.67
10	Lindsey Thoman	Mechanicsville VA	2309	17	128	33:15.58	33:29.11	12:39.10
11	Maddy Heath	New Kent VA	2129	15	134	33:35.91	33:41.24	12:59.43
12	Jayna Labella	Midlothian VA	2185	15	140	33:50.49	34:15.02	13:14.01
13	Sarah Heath	Midlothian VA	2372	15	141	33:58.17	34:18.24	13:21.69
14	Emma Fox	Richmond VA	2387	14	194	39:10.85	39:28.71	18:34.37
15	Aubrey Timmons	Mechanicsville VA	2311	13	195	39:13.45	39:15.72	18:36.97
16	Amelle Chanda	Glen Allen VA	2057	13	222	42:18.30	42:40.15	21:41.82
17	Yumna Rahman	Chester VA	2257	16	228	44:06.61	44:30.77	23:30.13
18	Elliott Tarchokov	Richmond VA	2303	14	237	45:25.66	45:25.66	24:49.18
19	Shrinidhi Nadgouda	Glen Allen VA	2234	13	243	45:59.25	46:01.34	25:22.77
20	Emily Pavey	Ruther Glen VA	2239	15	254	48:48.07	48:52.11	28:11.59
21	Hanna Pavey	Ruther Glen VA	2240	13	258	49:10.65	49:15.53	28:34.17
22	Mary Labons	Henrico VA	2186	15	260	51:04.60	51:34.73	30:28.12
23	Maxine Labons	Henrico VA	2187	15	284	58:34.49	59:04.42	37:58.01
24	Kennedy Estes	Spring Grove VA	2087	13	289	59:29.81	1:00:11.20	38:53.33
25	Kynley Estes	Spring Grove VA	2089	18	291	1:00:33.29	1:01:18.83	39:56.81
26	Katherine Scher	Richmond VA	2286	14	298	1:02:08.22	1:03:58.51	41:31.74
27	Wilson Hogan	Richmond VA	2141	13	324	1:12:51.73	1:14:21.28	52:15.25

Male 13 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Jacob Plummer	Chesterfield VA	2247	14	4	19:00.78	19:02.91	2:08.96
2	* Sam Longest	Richmond VA	2195	14	9	22:09.19	22:15.58	5:17.37
3	* Mills Taylor		2373	17	20	23:35.53	23:38.75	6:43.71
4	Arnav Ashok	Henrico VA	2014	15	22	24:11.62	24:34.75	7:19.80
5	Jake Williams	King George VA	2336	16	31	25:15.52	25:19.15	8:23.70
6	Alec Thoman	Mechanicsville VA	2308	17	40	26:02.92	26:17.41	9:11.10
7	Ehaab Saleem	Midlothian VA	2273	13	59	28:24.90	28:33.59	11:33.08
8	Michael Hathaway		2376	16	62	28:36.70	28:39.98	11:44.88
9	Christopher Lumpkins	King George VA	2202	14	102	31:31.89	31:34.97	14:40.07
10	Abe Mirza	Glen Allen VA	2223	17	103	31:43.80	31:45.67	14:51.98
11	Mason Adler	Glen Allen VA	2003	16	107	31:45.47	31:45.47	14:53.65
12	James Lively	Midlothian VA	2191	13	112	32:08.45	32:13.95	15:16.63
13	Terry Lively	Midlothian VA	2192	15	113	32:08.64	32:14.02	15:16.82
14	Berend Vandermeer	Midlothian VA	2319	13	114	32:08.71	32:14.56	15:16.89
15	David Labella	Midlothian VA	2184	13	124	32:47.51	33:12.31	15:55.69
16	Ammar Mohiuddin	Chester VA	2224	13	162	35:29.80	37:46.06	18:37.98
17	Thomas Hodges	Henrico VA	2139	14	204	39:37.11	39:47.90	22:45.29
18	Mobeen Raja	Glen Allen VA	2262	13	225	43:09.33	43:18.19	26:17.51
19	Eshan Vishwakarma	Glen Allen VA	2326	13	250	47:36.51	47:43.10	30:44.69

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5K Run

Male 13 to 18

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Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
20	Owen Scher	Richmond VA	2287	17	297	1:02:05.03	1:03:58.77	45:13.21
21	Ibrahim Raja	Glen Allen VA	2261	13	321	1:12:44.80	1:13:34.90	55:52.98

Female 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Taylor D'Etcheverry	Smithfield VA	2074	24	34	25:33.17	25:46.89	4:56.69
2	* Leanne Wright	Richmond VA	2347	29	46	27:08.48	27:28.16	6:32.00
3	* Samantha Varljen	Richmond VA	2322	23	53	27:35.23	27:53.86	6:58.75
4	Sarah Hollingsworth	Richmond VA	2144	29	55	27:56.07	28:03.03	7:19.59
5	Sara Kim	Richmond VA	2178	20	73	29:30.48	29:41.84	8:54.00
6	Erin Kopp	Byron Center MI	2181	28	98	31:01.27	31:18.20	10:24.79
7	Blair Frye	Richmond VA	2098	25	104	31:44.92	32:02.58	11:08.44
8	Erin Collins	Glen Allen VA	2065	26	106	31:45.25	32:02.43	11:08.77
9	Alexandra Henley	Montpelier VA	2133	21	126	33:02.45	33:10.54	12:25.97
10	Brooke Obeck	Richmond VA	2236	24	132	33:22.22	33:26.14	12:45.74
11	Erin Ketterman	Glen Allen VA	2162	24	143	34:07.43	34:25.26	13:30.95
12	Katherine Spann	Henrico VA	2300	25	144	34:12.02	34:27.59	13:35.54
13	Dakota Walther	Henrico VA	2328	23	146	34:14.69	34:31.28	13:38.21
14	Brooke Maltempo	Colonial Heights VA	2207	28	159	35:26.67	35:56.58	14:50.19
15	Mary Hite	Richmond VA	2138	24	160	35:28.36	35:40.98	14:51.88
16	Claire Adams	Richmond VA	2358	19	170	35:44.03	35:48.39	15:07.55
17	Hannah Elizabeth Heath	Midlothian VA	2366	20	172	36:10.36	36:30.08	15:33.88
18	Courtney Wright	Richmond VA	2344	23	179	36:43.49	37:02.76	16:07.01
19	Courtney Snyder		2385	20	190	39:02.33	39:14.37	18:25.85
20	Jessica Payne	Richmond VA	2241	25	201	39:31.10	43:36.90	18:54.62
21	Catherine Lam	Rockville VA	2188	23	208	40:10.46	40:38.93	19:33.98
22	Nichole McGrady	Powhatan VA	2213	27	227	43:57.86	44:00.58	23:21.38
23	Gianna Fioravante	Richmond VA	2094	29	232	45:06.34	48:30.52	24:29.86
24	Emilie Schoenhut	Beaverdam VA	2288	23	239	45:28.22	45:51.37	24:51.74
25	Genevieve D'Antonio	Beaverdam VA	2073	24	240	45:29.70	45:51.71	24:53.22
26	Larissa Goalder	Waynesboro VA	2105	19	241	45:47.05	46:20.19	25:10.57
27	Katie Williams	Mechanicsville VA	2337	29	245	46:18.84	47:09.32	25:42.36
28	Kathryn Henshaw	Ruther Glen VA	2134	23	257	49:10.45	52:17.03	28:33.97
29	Shelby Ward	Richmond VA	2329	24	312	1:09:05.87	1:13:05.94	48:29.39
30	Jordan Burton	Richmond VA	2046	27	313	1:09:33.32	1:14:35.07	48:56.84
31	Samantha Fox	Richmond VA	2095	27	314	1:09:33.36	1:14:36.37	48:56.88
32	Keira Feagley	Richmond VA	2091	29	331	1:16:53.03	1:16:53.03	56:16.55

Male 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Hugo Ramirez Esquivel		2410	19	16	22:45.19	22:45.82	5:53.37
2	* Rory Grambo	Richmond VA	2108	23	52	27:33.36	27:54.08	10:41.54
3	* Eric McNair		2391	20	61	28:33.22	28:35.29	11:41.40
4	Jonathan Goodloe	Staunton VA	2107	27	131	33:21.72	33:26.24	16:29.90
5	Dayshawn Boyd	Richmond VA	2375	24	133	33:33.13	33:36.12	16:41.31
6	Thomas Chavonelle	Fredericksburg VA	2060	29	154	35:14.54	35:27.12	18:22.72
7	Joe Maltempo	Colonial Heights VA	2208	29	158	35:26.44	35:58.01	18:34.62
8	Justin Baker	Richmond VA	2016	26	161	35:29.29	35:41.70	18:37.47
9	Cameron Yeong	Rockville VA	2349	24	209	40:11.36	40:40.20	23:19.54
10	Daniel Madison	Mechanicsville VA	2205	20	290	1:00:30.76	1:01:19.30	43:38.94

Female 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Lissa Gupton	Richmond VA	2118	38	41	26:31.42	26:39.81	5:54.94
2	* Lauren Carroll	Glen Allen VA	2051	37	58	28:22.45	28:35.57	7:45.97
3	* Meredith Anthony	Midlothian VA	2011	39	75	29:36.61	29:43.07	9:00.13
4	Lauren Somers	Henrico VA	2299	31	81	29:56.82	30:16.31	9:20.34
5	Katy Brennan	Midlothian VA	2032	31	89	30:31.00	31:03.05	9:54.52
6	Archana Jagtap	Glen Allen VA	2147	39	91	30:39.26	30:48.64	10:02.78
7	Eliza Heyward	Richmond VA	2135	33	93	30:43.47	30:58.48	10:06.99
8	Rebecca Roy	Richmond VA	2269	33	95	30:45.85	31:05.18	10:09.37

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Female 30 to 39

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Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back		
9	Robin Williams	King George VA	2339	36	122	32:39.72	32:43.13	12:03.24		
10	Melissa Niles	Virginia Beach VA	2235	39	127	33:05.37	33:26.96	12:28.89		
11	Taylor Keeney	Richmond VA	2161	30	129	33:20.22	33:43.25	12:43.74		
12	Suzi Heath	New Kent VA	2130	38	135	33:36.11	33:41.37	12:59.63		
13	Diana Burke	Richmond VA	2045	32	151	34:57.58	35:00.83	14:21.10		
14	Holly Moskowitz	Richmond VA	2229	35	188	38:33.17	38:49.41	17:56.69		
15	Rafia Samdani	Richmond VA	2278	35	202	39:35.34	39:35.34	18:58.86		
16	Susan Williams	Midlothian VA	2340	39	246	46:23.66	46:32.54	25:47.18		
17	Jamie Karek	Richmond VA	2156	39	247	46:49.29	47:03.61	26:12.81		
18	Candice Taylor	Richmond VA	2305	33	249	47:21.57	49:48.34	26:45.09		
19	Kriiston Weeks	Glen Allen VA	2331	34	252	47:51.05	48:07.34	27:14.57		
20	Rebeca Delgado	Glen Allen VA	2076	30	265	52:10.28	54:18.78	31:33.80		
21	Christy Omarzai	Hopewell VA	2237	36	280	57:23.29	1:00:15.41	36:46.81		
22	Elizabeth Caswell	Accokeek MD	2053	37	292	1:00:36.01	1:01:04.06	39:59.53		
23	Sarah Moosa	Glen Allen VA	2357	33	294	1:01:02.93	1:03:28.54	40:26.45		
24	Jessica Morgan	Glen Allen VA	2228	38	296	1:01:54.89	1:04:22.71	41:18.41		
25	Hina Khan	Glen Allen VA	2168	37	305	1:04:34.32	1:05:28.38	43:57.84		
26	Shannon Schellenberg	Richmond VA	2285	36	308	1:06:18.72	1:06:18.72	45:42.24		
27	Dana Jones	Richmond VA	2148	34	315	1:09:33.78	1:14:36.26	48:57.30		
28	Amy Jordan	Midlothian VA	2149	37	317	1:10:03.27	1:13:12.29	49:26.79		
29	Rebecca Hendrix	Richmond VA	2132	34	322	1:12:44.80	1:16:24.31	52:08.32		
30	Alyse Rooks	Henrico VA	2267	30	328	1:14:30.67	1:15:52.31	53:54.19		
31	Leigh Roberts		2400	31	332	1:18:33.07	1:21:15.30	57:56.59		

Male 30 to 39

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back		
1	* Seth Carroll	Richmond VA	2052	35	12	22:23.13	22:36.53	5:31.31		
2	* Daniel Roberts		2399	35	17	23:04.20	23:19.18	6:12.38		
3	* Joe Pollard	Davenport IA	2249	34	19	23:07.79	23:09.79	6:15.97		
4	Austin Wright	Richmond VA	2343	30	29	25:02.90	25:04.42	8:11.08		
5	David Moss		2384	39	36	25:41.75	25:53.71	8:49.93		
6	Tim Ryan	Petersburg VA	2272	32	51	27:15.26	27:20.76	10:23.44		
7	Nathan Moubray	Richmond VA	2230	36	54	27:39.26	27:42.89	10:47.44		
8	Jacob Hollingsworth	Richmond VA	2143	32	56	27:57.68	28:03.40	11:05.86		
9	Matthew Lastrapes	Richmond VA	2190	35	65	29:10.65	29:30.33	12:18.83		
10	Justin Harvey	Mechanicsville VA	2128	38	77	29:51.61	30:01.15	12:59.79		
11	Sam Brennan	Midlothian VA	2033	32	90	30:31.10	31:02.46	13:39.28		
12	James Temple	Powhatan VA	2307	38	92	30:42.88	31:06.49	13:51.06		
13	Mason Brent	Richmond VA	2034	38	94	30:45.41	30:58.65	13:53.59		
14	Carter Keeney	Richmond VA	2160	31	115	32:10.50	32:34.15	15:18.68		
15	Drew Melson	Richmond VA	2216	31	164	35:33.40	35:45.67	18:41.58		
16	George Milam	Charlotte NC	2219	34	167	35:37.14	35:48.80	18:45.32		
17	Karthikeyan Vaithalingam	Henrico VA	2317	39	171	36:10.24	36:30.59	19:18.42		
18	Dan Kaminsky	Richmond VA	2154	30	177	36:36.27	36:49.70	19:44.45		
19	Tim Allan	Glen Allen VA	2006	38	180	37:12.49	42:50.40	20:20.67		
20	James Goalder	Waynesboro VA	2103	39	213	40:37.01	41:10.78	23:45.19		
21	Mike Adams	Glen Allen VA	2002	34	223	42:26.39	42:26.39	25:34.57		
22	Elijah Weeks	Glen Allen VA	2330	31	251	47:42.07	47:56.99	30:50.25		
23	David Jordan	Accokeek MD	2150	32	263	52:00.74	52:28.69	35:08.92		
24	Joshua Konkel	Glen Allen VA	2180	31	271	54:32.31	56:46.83	37:40.49		
25	Aaron Ruth	Midlothian VA	2271	35	276	55:36.39	59:15.15	38:44.57		
26	Mack Hendrix	Richmond VA	2131	35	323	1:12:47.92	1:16:23.28	55:56.10		

Female 40 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back		
1	* Andrea Wright	Midlothian VA	2342	42	30	25:13.29	25:19.72	4:36.81		
2	* Amy Donald		2381	41	37	25:45.56	25:59.30	5:09.08		
3	* Kimberly Plummer	Chesterfield VA	2248	42	44	26:50.16	26:52.44	6:13.68		
4	Emily Goalder	Waynesboro VA	2101	41	67	29:14.14	29:41.97	8:37.66		
5	Christi Hancock		2382	46	69	29:17.82	29:20.74	8:41.34		
6	Meg Simonton	Richmond VA	2298	41	78	29:52.26	31:43.70	9:15.78		
7	Rajanya Petersson	Richmond VA	2244	43	100	31:14.19	31:26.67	10:37.71		
8	Paula Maddern		2380	48	108	31:54.36	32:07.34	11:17.88		
9	Stephanie Brolund	Midlothian VA	2038	40	119	32:18.13	32:44.71	11:41.65		
10	Jessica Fenic	Henrico VA	2093	47	120	32:25.68	32:37.91	11:49.20		
11	Melanie Sandford	Mechanicsville VA	2282	41	130	33:20.72	33:58.57	12:44.24		

12th Annual ASK 5K & Fun Walk

Race Date

April 22, 2017

Age Group Results

5K Run

Female 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
12	Laura Doherty	Midlothian VA	2079	42	137	33:40.38	34:00.55	13:03.90
13	Priya Samuel	Midlothian VA	2281	42	148	34:20.24	34:36.32	13:43.76
14	Dee Varljen	Richmond VA	2320	47	150	34:54.08	35:15.19	14:17.60
15	Elizabeth Branson	Richmond VA	2028	43	152	34:57.90	35:23.54	14:21.42
16	Ying Shi	Glen Allen VA	2293	44	157	35:21.47	35:31.94	14:44.99
17	Susan Cropp	Fredericksburg VA	2072	42	166	35:35.66	36:00.64	14:59.18
18	Michelle Melara	Chesterfield VA	2214	44	173	36:33.42	36:37.00	15:56.94
19	Jorge Ramirez	Midlothian VA	2409	47	178	36:42.25	36:42.73	16:05.77
20	Ashley Borders	Mechanicsville VA	2027	45	182	37:38.11	37:49.65	17:01.63
21	Meredith Wilkinson	Mechanicsville VA	2334	47	183	37:45.40	38:10.31	17:08.92
22	Lorraine Alexander	Mechanicsville VA	2005	45	184	37:45.54	38:10.82	17:09.06
23	Christina Poore	Glen Allen VA	2251	40	191	39:02.87	39:22.65	18:26.39
24	Danielle Timmons	Mechanicsville VA	2312	46	198	39:18.04	39:31.24	18:41.56
25	Melissa Elliott	Richmond VA	2084	41	216	41:39.26	41:40.27	21:02.78
26	Amber Vandermeer	Midlothian VA	2318	42	219	41:56.18	42:02.75	21:19.70
27	Carrie Hagin	Henrico VA	2122	45	235	45:20.59	46:33.04	24:44.11
28	Tara Kilpatrick	Mechanicsville VA	2177	41	256	48:57.70	49:09.32	28:21.22
29	April Haynes		2379	46	261	51:16.22	51:41.16	30:39.74
30	Jennifer Moore	Moseley VA	2227	41	264	52:05.57	52:40.04	31:29.09
31	Beth Novey		2398	49	269	53:34.96	54:55.33	32:58.48
32	Angela Wilson Lee	Chesterfield VA	2341	47	273	55:06.03	55:46.66	34:29.55
33	Ashley Brooks	Richmond VA	2039	42	275	55:30.29	56:08.40	34:53.81
34	Lisa Rusnak	Petersburg VA	2270	42	283	58:34.42	59:04.07	37:57.94
35	Kym Estes	Spring Grove VA	2088	45	287	58:44.99	59:18.06	38:08.51
36	Stephanie Anderson	Henrico VA	2010	45	318	1:11:56.46	1:14:30.48	51:19.98

Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Randy Mudd	Mechanicsville VA	2403	44	5	19:14.43	19:16.82	2:22.61
2	* Jeff Ukrop		2406	43	27	24:47.93	25:02.76	7:56.11
3	* Craig Kilpatrick	Mechanicsville VA	2174	42	38	25:49.22	25:50.47	8:57.40
4	Scott Monroe	Midlothian VA	2225	48	43	26:46.52	26:50.88	9:54.70
5	Cory Shymansky	Dahlgren VA	2294	40	70	29:18.32	29:22.90	12:26.50
6	Nasser Chanda	Glen Allen VA	2058	46	79	29:54.90	30:05.60	13:03.08
7	Tony Lucas	Midlothian VA	2201	43	82	30:04.19	30:11.14	13:12.37
8	Paul Branson	Richmond VA	2031	42	88	30:28.46	30:52.50	13:36.64
9	Isaac Wright	Midlothian VA	2345	40	99	31:07.84	31:16.86	14:16.02
10	Ashok Sriniyasa	Henrico VA	2301	46	110	32:02.05	32:23.30	15:10.23
11	Andrew Fenic	Henrico VA	2092	48	121	32:30.43	32:43.73	15:38.61
12	Rob Sievers	Richmond VA	2295	40	145	34:13.30	34:39.10	17:21.48
13	Peter Murphy	Henrico VA	2232	42	174	36:34.51	36:51.67	19:42.69
14	Tony Melara	Chesterfield VA	2215	46	175	36:35.01	36:38.32	19:43.19
15	Trevor Minor	Midlothian VA	2222	42	186	38:00.00	38:12.55	21:08.18
16	Ross Poore	Glen Allen VA	2254	45	210	40:16.25	40:35.59	23:24.43
17	Andrew Drumheller	Virginia Beach VA	2081	46	212	40:35.23	40:56.20	23:43.41
18	Rob Timmons	Mechanicsville VA	2313	47	214	40:41.84	40:57.66	23:50.02
19	Steve Novey		2396	48	268	53:33.16	54:51.64	36:41.34
20	Scott Brooks	Richmond VA	2041	45	272	54:55.06	55:30.85	38:03.24
21	Robert Hill	Glen Allen VA	2137	41	286	58:42.86	59:34.44	41:51.04
22	Rehan Saleem	Midlothian VA	2275	48	300	1:03:25.91	1:05:35.30	46:34.09
23	Matthew Capehart	Chesterfield VA	2050	44	301	1:03:44.49	1:08:54.32	46:52.67
24	Justin Viener	Henrico VA	2325	45	302	1:04:08.92	1:08:33.99	47:17.10
25	Markku Juopperi	Midlothian VA	2152	45	329	1:14:50.50	1:20:14.64	57:58.68

Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Cathy Friedrichs	Midlothian VA	2096	56	45	27:04.70	27:18.19	6:28.22
2	* Patrice Pillow	Glen Allen VA	2245	59	57	28:09.55	28:18.89	7:33.07
3	* Gail Barteel Canter	Glen Allen VA	2049	54	76	29:43.21	29:51.54	9:06.73
4	Michelle McGrady	Powhatan VA	2212	50	125	32:52.69	32:56.28	12:16.21
5	Nuria Cedeno	Chesterfield VA	2056	51	138	33:44.62	33:46.10	13:08.14
6	Susan Lanni	Montpelier VA	2189	50	189	38:33.27	38:49.77	17:56.79
7	Debbie Loftus	Dewitt VA	2193	58	193	39:07.92	39:40.46	18:31.44
8	Lubna Anwar	Midlothian VA	2012	51	215	40:52.20	41:00.17	20:15.72
9	Juliet Coates	Richmond VA	2063	55	248	47:00.59	47:08.77	26:24.11
10	Pamela Koth	Chesterfield VA	2183	51	262	51:58.77	52:41.80	31:22.29

12th Annual ASK 5K & Fun Walk

Age Group Results

5K Run

Race Date
April 22, 2017

Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
11	Shahnaz Khan	Midlothian VA	2171	58	281	57:27.95	59:32.93	36:51.47
12	Helene Kastenbaum	Richmond VA	2159	50	306	1:04:51.89	1:06:22.15	44:15.41
13	Colleen Maitland	Richmond VA	2206	59	309	1:08:27.84	1:12:26.91	47:51.36
14	Karen Galichon	Glen Allen VA	2100	50	326	1:14:07.31	1:16:40.20	53:30.83

Male 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Jim Carter	Midlothian VA	2389	54	8	22:06.02	22:24.22	5:14.20
2	* Todd Longest	Richmond VA	2196	53	13	22:32.08	22:38.46	5:40.26
3	* Gunther Friedrichs	Midlothian VA	2097	56	14	22:38.66	22:49.35	5:46.84
4	Steve Beck	Mechanicsville VA	2017	59	32	25:16.92	25:21.64	8:25.10
5	Graham Haddock	Richmond VA	2121	57	33	25:17.68	25:23.45	8:25.86
6	Muhammad Raja	Glen Allen VA	2264	50	47	27:09.11	27:09.37	10:17.29
7	Rohn Brown	Mechanicsville VA	2044	55	109	31:57.86	32:05.72	15:06.04
8	Attique Samdani	Richmond VA	2277	50	139	33:49.96	37:30.66	16:58.14
9	Frank Varljen	Richmond VA	2321	55	149	34:53.44	35:15.39	18:01.62
10	Mike Melson	Glen Allen VA	2217	56	165	35:34.42	35:45.03	18:42.60
11	Manuel Cedeno	Chesterfield VA	2055	55	203	39:35.87	39:38.06	22:44.05
12	Aaron Brown	Henrico VA	2042	51	207	40:09.91	41:36.97	23:18.09
13	Henry Belcher	Salem VA	2018	59	231	44:43.62	44:43.62	27:51.80
14	John Koth	Chesterfield VA	2182	52	267	52:40.91	52:40.91	35:49.09
15	Mark Novey		2401	50	277	56:32.75	57:47.30	39:40.93

Female 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Estelle Brodeur	Richmond VA	2035	60	155	35:15.77	35:26.92	14:39.29
2	* Jeanne Dunway		2383	62	197	39:16.09	39:31.71	18:39.61
3	* Cindy Longmire	Hyattsville MD	2197	61	288	58:58.74	1:01:13.09	38:22.26

Male 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Jim Brodeur		2392	60	156	35:17.44	35:26.59	18:25.62
2	* Cliff Dunaway	Mechanicsville VA	2082	64	196	39:16.07	39:32.68	22:24.25
3	* David Dunsmore	Beaverdam VA	2386	61	278	57:13.18	1:00:26.96	40:21.36

Male 70 and Over

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Time Back
1	* Scott Tilley	Midlothian VA	2310	72	84	30:09.24	30:16.26	13:17.42