

# 12th Annual ASK 5K & Fun Walk

Race Date

April 22, 2017

## Overall Finish List

## 5K Run

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
1		Hisham Vohra	Midlothian VA	2327	17	M	1 Open	16:51.82	16:52.10	0:00.28	5:26/M
2		Mike Colaiacovo	Richmond VA	2064	47	M	2 Open	17:07.70	17:08.07	0:00.37	5:31/M
3		Randy Shelton	Mechanicsville VA	2374	42	M	3 Open	18:44.16	18:44.65	0:00.49	6:03/M
4		Jacob Plummer	Chesterfield VA	2247	14	M	1/21 13-18	19:00.78	19:02.91	0:02.13	6:08/M
5		Randy Mudd	Mechanicsville VA	2403	44	M	1/25 40-49	19:14.43	19:16.82	0:02.39	6:12/M
6		Rachel Mudd	Mechanicsville VA	2405	14	F	1 Open	20:36.48	20:36.82	0:00.34	6:39/M
7		Daniel Mudd	Mechanicsville VA	2402	12	M	1/51 1-12	22:04.93	22:06.23	0:01.30	7:07/M
8		Jim Carter	Midlothian VA	2389	54	M	1/15 50-59	22:06.02	22:24.22	0:18.20	7:08/M
9		Sam Longest	Richmond VA	2195	14	M	2/21 13-18	22:09.19	22:15.58	0:06.39	7:09/M
10		Will Cox	Richmond VA	2071	11	M	2/51 1-12	22:14.07	22:15.13	0:01.06	7:10/M
11		Maggie Pollard	Charlotte NC	2250	34	F	2 Open	22:14.37	22:16.06	0:01.69	7:10/M
12		Seth Carroll	Richmond VA	2052	35	M	1/26 30-39	22:23.13	22:36.53	0:13.40	7:13/M
13		Todd Longest	Richmond VA	2196	53	M	2/15 50-59	22:32.08	22:38.46	0:06.38	7:16/M
14		Gunther Friedrichs	Midlothian VA	2097	56	M	3/15 50-59	22:38.66	22:49.35	0:10.69	7:18/M
15		Adam Lucas	Midlothian VA	2198	12	M	3/51 1-12	22:41.64	22:47.59	0:05.95	7:19/M
16		Hugo Ramirez Esquivel		2410	19	M	1/10 19-29	22:45.19	22:45.82	0:00.63	7:20/M
17		Daniel Roberts		2399	35	M	2/26 30-39	23:04.20	23:19.18	0:14.98	7:26/M
18		Elizabeth Lucas	Midlothian VA	2199	41	F	3 Open	23:05.78	23:11.21	0:05.43	7:27/M
19		Joe Pollard	Davenport IA	2249	34	M	3/26 30-39	23:07.79	23:09.79	0:02.00	7:27/M
20		Mills Taylor		2373	17	M	3/21 13-18	23:35.53	23:38.75	0:03.22	7:36/M
21		Jake Kilpatrick	Mechanicsville VA	2176	10	M	4/51 1-12	23:42.57	23:43.16	0:00.59	7:39/M
22		Arnav Ashok	Henrico VA	2014	15	M	4/21 13-18	24:11.62	24:34.75	0:23.13	7:48/M
23		Jack Longest	Richmond VA	2194	12	M	5/51 1-12	24:24.72	24:29.84	0:05.12	7:52/M
24		George Simonton	Richmond VA	2297	11	M	6/51 1-12	24:41.52	24:43.08	0:01.56	7:58/M
25		Virginia Bird	Powhatan VA	2026	11	F	1/31 1-12	24:47.23	24:57.49	0:10.26	8:00/M
26		Brown Ukrop		2408	7	M	7/51 1-12	24:47.65	25:01.43	0:13.78	8:00/M
27		Jeff Ukrop		2406	43	M	2/25 40-49	24:47.93	25:02.76	0:14.83	8:00/M
28		Courtney Mudd	Mechanicsville VA	2404	12	F	2/31 1-12	24:57.85	24:59.79	0:01.94	8:03/M
29		Austin Wright	Richmond VA	2343	30	M	4/26 30-39	25:02.90	25:04.42	0:01.52	8:05/M
30		Andrea Wright	Midlothian VA	2342	42	F	1/36 40-49	25:13.29	25:19.72	0:06.43	8:08/M
31		Jake Williams	King George VA	2336	16	M	5/21 13-18	25:15.52	25:19.15	0:03.63	8:09/M
32		Steve Beck	Mechanicsville VA	2017	59	M	4/15 50-59	25:16.92	25:21.64	0:04.72	8:09/M
33		Graham Haddock	Richmond VA	2121	57	M	5/15 50-59	25:17.68	25:23.45	0:05.77	8:09/M
34		Taylor D'Etcheverry	Smithfield VA	2074	24	F	1/32 19-29	25:33.17	25:46.89	0:13.72	8:15/M
35		Daanish Khan	Midlothian VA	2166	12	M	8/51 1-12	25:35.63	25:44.31	0:08.68	8:15/M
36		David Moss		2384	39	M	5/26 30-39	25:41.75	25:53.71	0:11.96	8:17/M
37		Amy Donald		2381	41	F	2/36 40-49	25:45.56	25:59.30	0:13.74	8:18/M
38		Craig Kilpatrick	Mechanicsville VA	2174	42	M	3/25 40-49	25:49.22	25:50.47	0:01.25	8:20/M
39		Bowman Novey		2395	12	M	9/51 1-12	25:50.32	25:55.77	0:05.45	8:20/M
40		Alec Thoman	Mechanicsville VA	2308	17	M	6/21 13-18	26:02.92	26:17.41	0:14.49	8:24/M
41		Lissa Gupton	Richmond VA	2118	38	F	1/31 30-39	26:31.42	26:39.81	0:08.39	8:33/M
42		Ethan Hoyt	Powhatan VA	2146	9	M	10/51 1-12	26:38.74	26:45.81	0:07.07	8:35/M
43		Scott Monroe	Midlothian VA	2225	48	M	4/25 40-49	26:46.52	26:50.88	0:04.36	8:38/M
44		Kimberly Plummer	Chesterfield VA	2248	42	F	3/36 40-49	26:50.16	26:52.44	0:02.28	8:39/M
45		Cathy Friedrichs	Midlothian VA	2096	56	F	1/14 50-59	27:04.70	27:18.19	0:13.49	8:44/M
46		Leanne Wright	Richmond VA	2347	29	F	2/32 19-29	27:08.48	27:28.16	0:19.68	8:45/M
47		Muhammad Raja	Glen Allen VA	2264	50	M	6/15 50-59	27:09.11	27:09.37	0:00.26	8:45/M
48		Jackson Wright	Midlothian VA	2346	11	M	11/51 1-12	27:10.47	27:16.74	0:06.27	8:46/M
49		Ava McHugh		2394	14	F	1/27 13-18	27:11.73	27:15.62	0:03.89	8:46/M
50		Grace Novey		2397	14	F	2/27 13-18	27:14.10	27:18.35	0:04.25	8:47/M
51		Tim Ryan	Petersburg VA	2272	32	M	6/26 30-39	27:15.26	27:20.76	0:05.50	8:47/M
52		Rory Grambo	Richmond VA	2108	23	M	2/10 19-29	27:33.36	27:54.08	0:20.72	8:53/M
53		Samantha Varljen	Richmond VA	2322	23	F	3/32 19-29	27:35.23	27:53.86	0:18.63	8:54/M
54		Nathan Moubrey	Richmond VA	2230	36	M	7/26 30-39	27:39.26	27:42.89	0:03.63	8:55/M
55		Sarah Hollingsworth	Richmond VA	2144	29	F	4/32 19-29	27:56.07	28:03.03	0:06.96	9:01/M
56		Jacob Hollingsworth	Richmond VA	2143	32	M	8/26 30-39	27:57.68	28:03.40	0:05.72	9:01/M
57		Patrice Pillow	Glen Allen VA	2245	59	F	2/14 50-59	28:09.55	28:18.89	0:09.34	9:05/M
58		Lauren Carroll	Glen Allen VA	2051	37	F	2/31 30-39	28:22.45	28:35.57	0:13.12	9:09/M
59		Ehaab Saleem	Midlothian VA	2273	13	M	7/21 13-18	28:24.90	28:33.59	0:08.69	9:10/M
60		Björn Petersson	Richmond VA	2242	11	M	12/51 1-12	28:26.70	28:38.22	0:11.52	9:10/M
61		Eric McNair		2391	20	M	3/10 19-29	28:33.22	28:35.29	0:02.07	9:13/M
62		Michael Hathaway		2376	16	M	8/21 13-18	28:36.70	28:39.98	0:03.28	9:14/M
63		Kevin Cedeno	Chesterfield VA	2054	10	M	13/51 1-12	28:51.70	28:52.48	0:00.78	9:18/M
64		Arjun Ashok	Henrico VA	2013	12	M	14/51 1-12	28:57.17	29:17.27	0:20.10	9:20/M
65		Matthew Lastrapes	Richmond VA	2190	35	M	9/26 30-39	29:10.65	29:30.33	0:19.68	9:25/M
66		Dawson Hancock	Richmond VA	2126	11	M	15/51 1-12	29:14.12	29:16.30	0:02.18	9:26/M
67		Emily Goalder	Waynesboro VA	2101	41	F	4/36 40-49	29:14.14	29:41.97	0:27.83	9:26/M

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Race Date

April 22, 2017

## Overall Finish List

## 5K Run

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
68		Faith Goalder	Waynesboro VA	2102	16	F	3/27 13-18	29:14.48	29:42.17	0:27.69	9:26/M
69		Christi Hancock		2382	46	F	5/36 40-49	29:17.82	29:20.74	0:02.92	9:27/M
70		Cory Shymansky	Dahlgren VA	2294	40	M	5/25 40-49	29:18.32	29:22.90	0:04.58	9:27/M
71		Sierra Hancock	Richmond VA	2127	11	F	3/31 1-12	29:18.59	29:20.92	0:02.33	9:27/M
72		Keeley Williams	King George VA	2338	13	F	4/27 13-18	29:19.94	29:22.86	0:02.92	9:27/M
73		Sara Kim	Richmond VA	2178	20	F	5/32 19-29	29:30.48	29:41.84	0:11.36	9:31/M
74		Olivia Branson	Richmond VA	2030	10	F	4/31 1-12	29:32.03	29:57.56	0:25.53	9:32/M
75		Meredith Anthony	Midlothian VA	2011	39	F	3/31 30-39	29:36.61	29:43.07	0:06.46	9:33/M
76		Gail Bartee Canter	Glen Allen VA	2049	54	F	3/14 50-59	29:43.21	29:51.54	0:08.33	9:35/M
77		Justin Harvey	Mechanicsville VA	2128	38	M	10/26 30-39	29:51.61	30:01.15	0:09.54	9:38/M
78		Meg Simonton	Richmond VA	2298	41	F	6/36 40-49	29:52.26	31:43.70	1:51.44	9:38/M
79		Nasser Chanda	Glen Allen VA	2058	46	M	6/25 40-49	29:54.90	30:05.60	0:10.70	9:39/M
80		Yusuf Chanda	Glen Allen VA	2059	11	M	16/51 1-12	29:55.55	30:04.85	0:09.30	9:39/M
81		Lauren Somers	Henrico VA	2299	31	F	4/31 30-39	29:56.82	30:16.31	0:19.49	9:39/M
82		Tony Lucas	Midlothian VA	2201	43	M	7/25 40-49	30:04.19	30:11.14	0:06.95	9:42/M
83		Georgia Lucas	Midlothian VA	2200	9	F	5/31 1-12	30:06.25	30:12.87	0:06.62	9:43/M
84		Scott Tilley	Midlothian VA	2310	72	M	1/1 70-99	30:09.24	30:16.26	0:07.02	9:44/M
85		Jordan Heath	Midlothian VA	2370	18	F	5/27 13-18	30:19.69	30:38.39	0:18.70	9:47/M
86		Phoebe Heath	Midlothian VA	2368	13	F	6/27 13-18	30:20.45	30:39.16	0:18.71	9:47/M
87		Gracie Branson	Richmond VA	2029	9	F	6/31 1-12	30:26.75	30:53.02	0:26.27	9:49/M
88		Paul Branson	Richmond VA	2031	42	M	8/25 40-49	30:28.46	30:52.50	0:24.04	9:50/M
89		Katy Brennan	Midlothian VA	2032	31	F	5/31 30-39	30:31.00	31:03.05	0:32.05	9:51/M
90		Sam Brennan	Midlothian VA	2033	32	M	11/26 30-39	30:31.10	31:02.46	0:31.36	9:51/M
91		Archana Jagtap	Glen Allen VA	2147	39	F	6/31 30-39	30:39.26	30:48.64	0:09.38	9:53/M
92		James Temple	Powhatan VA	2307	38	M	12/26 30-39	30:42.88	31:06.49	0:23.61	9:54/M
93		Eliza Heyward	Richmond VA	2135	33	F	7/31 30-39	30:43.47	30:58.48	0:15.01	9:55/M
94		Mason Brent	Richmond VA	2034	38	M	13/26 30-39	30:45.41	30:58.65	0:13.24	9:55/M
95		Rebecca Roy	Richmond VA	2269	33	F	8/31 30-39	30:45.85	31:05.18	0:19.33	9:55/M
96		Travis Scott	Cumberland VA	2377	10	M	17/51 1-12	30:47.83	31:00.17	0:12.34	9:56/M
97		Elise Simonton	Richmond VA	2296	11	F	7/31 1-12	30:48.20	30:51.41	0:03.21	9:56/M
98		Erin Kopp	Byron Center MI	2181	28	F	6/32 19-29	31:01.27	31:18.20	0:16.93	10:00/M
99		Isaac Wright	Midlothian VA	2345	40	M	9/25 40-49	31:07.84	31:16.86	0:09.02	10:02/M
100		Rajanya Petersson	Richmond VA	2244	43	F	7/36 40-49	31:14.19	31:26.67	0:12.48	10:05/M
101		Per Petersson	Richmond VA	2243	7	M	18/51 1-12	31:15.14	31:26.97	0:11.83	10:05/M
102		Christopher Lumpkins	King George VA	2202	14	M	9/21 13-18	31:31.89	31:34.97	0:03.08	10:10/M
103		Abe Mirza	Glen Allen VA	2223	17	M	10/21 13-18	31:43.80	31:45.67	0:01.87	10:14/M
104		Blair Frye	Richmond VA	2098	25	F	7/32 19-29	31:44.92	32:02.58	0:17.66	10:14/M
105		Joule Wright		2378	16	F	7/27 13-18	31:45.05	31:53.08	0:08.03	10:15/M
106		Erin Collins	Glen Allen VA	2065	26	F	8/32 19-29	31:45.25	32:02.43	0:17.18	10:15/M
107		Mason Adler	Glen Allen VA	2003	16	M	11/21 13-18	31:45.47	31:45.47		10:15/M
108		Paula Maddern		2380	48	F	8/36 40-49	31:54.36	32:07.34	0:12.98	10:17/M
109		Rohn Brown	Mechanicsville VA	2044	55	M	7/15 50-59	31:57.86	32:05.72	0:07.86	10:18/M
110		Ashok Srinivasa	Henrico VA	2301	46	M	10/25 40-49	32:02.05	32:23.30	0:21.25	10:20/M
111		Aayan Samdani	Richmond VA	2276	9	M	19/51 1-12	32:07.05	35:48.03	3:40.98	10:22/M
112		James Lively	Midlothian VA	2191	13	M	12/21 13-18	32:08.45	32:13.95	0:05.50	10:22/M
113		Terry Lively	Midlothian VA	2192	15	M	13/21 13-18	32:08.64	32:14.02	0:05.38	10:22/M
114		Berend Vandermeer	Midlothian VA	2319	13	M	14/21 13-18	32:08.71	32:14.56	0:05.85	10:22/M
115		Carter Keeney	Richmond VA	2160	31	M	14/26 30-39	32:10.50	32:34.15	0:23.65	10:23/M
116		Zachary Heath	Midlothian VA	2371	11	M	20/51 1-12	32:10.73	32:30.62	0:19.89	10:23/M
117		Victoria Heath	Midlothian VA	2367	16	F	8/27 13-18	32:11.43	32:31.02	0:19.59	10:23/M
118		Lily Brolund	Midlothian VA	2036	7	F	8/31 1-12	32:17.02	32:43.74	0:26.72	10:25/M
119		Stephanie Brolund	Midlothian VA	2038	40	F	9/36 40-49	32:18.13	32:44.71	0:26.58	10:25/M
120		Jessica Fenic	Henrico VA	2093	47	F	10/36 40-49	32:25.68	32:37.91	0:12.23	10:27/M
121		Andrew Fenic	Henrico VA	2092	48	M	11/25 40-49	32:30.43	32:43.73	0:13.30	10:29/M
122		Robin Williams	King George VA	2339	36	F	9/31 30-39	32:39.72	32:43.13	0:03.41	10:32/M
123		Sylvia Grawe	Midlothian VA	2109	13	F	9/27 13-18	32:44.15	33:09.59	0:25.44	10:34/M
124		David Labella	Midlothian VA	2184	13	M	15/21 13-18	32:47.51	33:12.31	0:24.80	10:35/M
125		Michelle McGrady	Powhatan VA	2212	50	F	4/14 50-59	32:52.69	32:56.28	0:03.59	10:36/M
126		Alexandra Henley	Montpelier VA	2133	21	F	9/32 19-29	33:02.45	33:10.54	0:08.09	10:39/M
127		Melissa Niles	Virginia Beach VA	2235	39	F	10/31 30-39	33:05.37	33:26.96	0:21.59	10:40/M
128		Lindsey Thoman	Mechanicsville VA	2309	17	F	10/27 13-18	33:15.58	33:29.11	0:13.53	10:44/M
129		Taylor Keeney	Richmond VA	2161	30	F	11/31 30-39	33:20.22	33:43.25	0:23.03	10:45/M
130		Melanie Sandford	Mechanicsville VA	2282	41	F	11/36 40-49	33:20.72	33:58.57	0:37.85	10:45/M
131		Jonathan Goodloe	Staunton VA	2107	27	M	4/10 19-29	33:21.72	33:26.24	0:04.52	10:45/M
132		Brooke Obeck	Richmond VA	2236	24	F	10/32 19-29	33:22.22	33:26.14	0:03.92	10:46/M
133		Dayshawn Boyd	Richmond VA	2375	24	M	5/10 19-29	33:33.13	33:36.12	0:02.99	10:49/M
134		Maddy Heath	New Kent VA	2129	15	F	11/27 13-18	33:35.91	33:41.24	0:05.33	10:50/M

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Race Date

April 22, 2017

Overall Finish List**5K Run**

Place Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
							Chip Time	Gun Time	Diff	Pace
135	Suzi Heath	New Kent VA	2130	38	F	12/31 30-39	33:36.11	33:41.37	0:05.26	10:50/M
136	Kate Doherty	Midlothian VA	2078	12	F	9/31 1-12	33:39.41	34:00.33	0:20.92	10:51/M
137	Laura Doherty	Midlothian VA	2079	42	F	12/36 40-49	33:40.38	34:00.55	0:20.17	10:52/M
138	Nuria Cedeno	Chesterfield VA	2056	51	F	5/14 50-59	33:44.62	33:46.10	0:01.48	10:53/M
139	Attique Samdani	Richmond VA	2277	50	M	8/15 50-59	33:49.96	37:30.66	3:40.70	10:55/M
140	Jayna Labella	Midlothian VA	2185	15	F	12/27 13-18	33:50.49	34:15.02	0:24.53	10:55/M
141	Sarah Heath	Midlothian VA	2372	15	F	13/27 13-18	33:58.17	34:18.24	0:20.07	10:57/M
142	Noah Heath	Midlothian VA	2369	7	M	21/51 1-12	33:58.21	34:18.09	0:19.88	10:57/M
143	Erin Ketterman	Glen Allen VA	2162	24	F	11/32 19-29	34:07.43	34:25.26	0:17.83	11:00/M
144	Katherine Spann	Henrico VA	2300	25	F	12/32 19-29	34:12.02	34:27.59	0:15.57	11:02/M
145	Rob Sievers	Richmond VA	2295	40	M	12/25 40-49	34:13.30	34:39.10	0:25.80	11:02/M
146	Dakota Walther	Henrico VA	2328	23	F	13/32 19-29	34:14.69	34:31.28	0:16.59	11:03/M
147	Elias Samuel	Midlothian VA	2280	7	M	22/51 1-12	34:19.02	34:34.15	0:15.13	11:04/M
148	Priya Samuel	Midlothian VA	2281	42	F	13/36 40-49	34:20.24	34:36.32	0:16.08	11:05/M
149	Frank Varljen	Richmond VA	2321	55	M	9/15 50-59	34:53.44	35:15.39	0:21.95	11:15/M
150	Dee Varljen	Richmond VA	2320	47	F	14/36 40-49	34:54.08	35:15.19	0:21.11	11:15/M
151	Diana Burke	Richmond VA	2045	32	F	13/31 30-39	34:57.58	35:00.83	0:03.25	11:16/M
152	Elizabeth Branson	Richmond VA	2028	43	F	15/36 40-49	34:57.90	35:23.54	0:25.64	11:16/M
153	Riggs Ukrop		2407	9	M	23/51 1-12	35:12.77	35:26.77	0:14.00	11:21/M
154	Thomas Chavonelle	Fredericksburg VA	2060	29	M	6/10 19-29	35:14.54	35:27.12	0:12.58	11:22/M
155	Estelle Brodeur	Richmond VA	2035	60	F	1/3 60-69	35:15.77	35:26.92	0:11.15	11:22/M
156	Jim Brodeur		2392	60	M	1/3 60-69	35:17.44	35:26.59	0:09.15	11:23/M
157	Ying Shi	Glen Allen VA	2293	44	F	16/36 40-49	35:21.47	35:31.94	0:10.47	11:24/M
158	Joe Maltempi	Colonial Heights VA	2208	29	M	7/10 19-29	35:26.44	35:58.01	0:31.57	11:26/M
159	Brooke Maltempi	Colonial Heights VA	2207	28	F	14/32 19-29	35:26.67	35:56.58	0:29.91	11:26/M
160	Mary Hite	Richmond VA	2138	24	F	15/32 19-29	35:28.36	35:40.98	0:12.62	11:26/M
161	Justin Baker	Richmond VA	2016	26	M	8/10 19-29	35:29.29	35:41.70	0:12.41	11:27/M
162	Ammar Mohiuddin	Chester VA	2224	13	M	16/21 13-18	35:29.80	37:46.06	2:16.26	11:27/M
163	Tyler Melson	Richmond VA	2218	5	M	24/51 1-12	35:32.65	35:44.94	0:12.29	11:28/M
164	Drew Melson	Richmond VA	2216	31	M	15/26 30-39	35:33.40	35:45.67	0:12.27	11:28/M
165	Mike Melson	Glen Allen VA	2217	56	M	10/15 50-59	35:34.42	35:45.03	0:10.61	11:28/M
166	Susan Cropp	Fredericksburg VA	2072	42	F	17/36 40-49	35:35.66	36:00.64	0:24.98	11:29/M
167	George Milam	Charlotte NC	2219	34	M	16/26 30-39	35:37.14	35:48.80	0:11.66	11:29/M
168	Miranda Ellis	Mechanicsville VA	2085	9	F	10/31 1-12	35:40.09	35:43.63	0:03.54	11:30/M
169	Adrien Samuel	Midlothian VA	2279	8	F	11/31 1-12	35:42.56	35:56.84	0:14.28	11:31/M
170	Claire Adams	Richmond VA	2358	19	F	16/32 19-29	35:44.03	35:48.39	0:04.36	11:32/M
171	Karthikeyan Vaithialingam	Henrico VA	2317	39	M	17/26 30-39	36:10.24	36:30.59	0:20.35	11:40/M
172	Hannah Elizabeth Heath	Midlothian VA	2366	20	F	17/32 19-29	36:10.36	36:30.08	0:19.72	11:40/M
173	Michelle Melara	Chesterfield VA	2214	44	F	18/36 40-49	36:33.42	36:37.00	0:03.58	11:47/M
174	Peter Murphy	Henrico VA	2232	42	M	13/25 40-49	36:34.51	36:51.67	0:17.16	11:48/M
175	Tony Melara	Chesterfield VA	2215	46	M	14/25 40-49	36:35.01	36:38.32	0:03.31	11:48/M
176	Tegan Murphy	Henrico VA	2233	8	F	12/31 1-12	36:35.60	36:53.70	0:18.10	11:48/M
177	Dan Kaminsky	Richmond VA	2154	30	M	18/26 30-39	36:36.27	36:49.70	0:13.43	11:48/M
178	Jorge Ramirez	Midlothian VA	2409	47	F	19/36 40-49	36:42.25	36:42.73	0:00.48	11:50/M
179	Courtney Wright	Richmond VA	2344	23	F	18/32 19-29	36:43.49	37:02.76	0:19.27	11:51/M
180	Tim Allan	Glen Allen VA	2006	38	M	19/26 30-39	37:12.49	42:50.40	5:37.91	12:00/M
181	David Bian	Glen Allen VA	2025	12	M	25/51 1-12	37:15.03	37:24.25	0:09.22	12:01/M
182	Ashley Borders	Mechanicsville VA	2027	45	F	20/36 40-49	37:38.11	37:49.65	0:11.54	12:08/M
183	Meredith Wilkinson	Mechanicsville VA	2334	47	F	21/36 40-49	37:45.40	38:10.31	0:24.91	12:11/M
184	Lorraine Alexander	Mechanicsville VA	2005	45	F	22/36 40-49	37:45.54	38:10.82	0:25.28	12:11/M
185	Reese Minor	Midlothian VA	2221	9	F	13/31 1-12	37:58.18	38:09.51	0:11.33	12:15/M
186	Trevor Minor	Midlothian VA	2222	42	M	15/25 40-49	38:00.00	38:12.55	0:12.55	12:15/M
187	Asher Alaimo		2393	8	M	26/51 1-12	38:15.64	38:32.05	0:16.41	12:20/M
188	Holly Moskowitz	Richmond VA	2229	35	F	14/31 30-39	38:33.17	38:49.41	0:16.24	12:26/M
189	Susan Lanni	Montpelier VA	2189	50	F	6/14 50-59	38:33.27	38:49.77	0:16.50	12:26/M
190	Courtney Snyder		2385	20	F	19/32 19-29	39:02.33	39:14.37	0:12.04	12:35/M
191	Christina Poore	Glen Allen VA	2251	40	F	23/36 40-49	39:02.87	39:22.65	0:19.78	12:35/M
192	Jacob Poore	Glen Allen VA	2252	9	M	27/51 1-12	39:04.36	39:22.40	0:18.04	12:36/M
193	Debbie Loftus	Dewitt VA	2193	58	F	7/14 50-59	39:07.92	39:40.46	0:32.54	12:37/M
194	Emma Fox	Richmond VA	2387	14	F	14/27 13-18	39:10.85	39:28.71	0:17.86	12:38/M
195	Aubrey Timmons	Mechanicsville VA	2311	13	F	15/27 13-18	39:13.45	39:15.72	0:02.27	12:39/M
196	Cliff Dunaway	Mechanicsville VA	2082	64	M	2/3 60-69	39:16.07	39:32.68	0:16.61	12:40/M
197	Jeanne Dunway		2383	62	F	2/3 60-69	39:16.09	39:31.71	0:15.62	12:40/M
198	Danielle Timmons	Mechanicsville VA	2312	46	F	24/36 40-49	39:18.04	39:31.24	0:13.20	12:41/M
199	James Goalder	Waynesboro VA	2104	12	M	28/51 1-12	39:24.76	39:58.13	0:33.37	12:43/M
200	Thomas Gupton	Richmond VA	2120	8	M	29/51 1-12	39:25.36	41:00.43	1:35.07	12:43/M
201	Jessica Payne	Richmond VA	2241	25	F	20/32 19-29	39:31.10	43:36.90	4:05.80	12:45/M

# 12th Annual ASK 5K & Fun Walk

Race Date

April 22, 2017

## Overall Finish List

## 5K Run

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
202		Rafia Samdani	Richmond VA	2278	35	F	15/31 30-39	39:35.34	39:35.34		12:46/M
203		Manuel Cedeno	Chesterfield VA	2055	55	M	11/15 50-59	39:35.87	39:38.06	0:02.19	12:46/M
204		Thomas Hodges	Henrico VA	2139	14	M	17/21 13-18	39:37.11	39:47.90	0:10.79	12:47/M
205		Christapher Holder	Henrico VA	2142	7	M	30/51 1-12	39:39.37	39:49.55	0:10.18	12:47/M
206		Nate Brown	Henrico VA	2043	8	M	31/51 1-12	39:41.08	41:07.47	1:26.39	12:48/M
207		Aaron Brown	Henrico VA	2042	51	M	12/15 50-59	40:09.91	41:36.97	1:27.06	12:57/M
208		Catherine Lam	Rockville VA	2188	23	F	21/32 19-29	40:10.46	40:38.93	0:28.47	12:57/M
209		Cameron Yeong	Rockville VA	2349	24	M	9/10 19-29	40:11.36	40:40.20	0:28.84	12:58/M
210		Ross Poore	Glen Allen VA	2254	45	M	16/25 40-49	40:16.25	40:35.59	0:19.34	12:59/M
211		Mia Poore	Glen Allen VA	2253	6	F	14/31 1-12	40:16.96	40:35.91	0:18.95	12:59/M
212		Andrew Drumheller	Virginia Beach VA	2081	46	M	17/25 40-49	40:35.23	40:56.20	0:20.97	13:05/M
213		James Goalder	Waynesboro VA	2103	39	M	20/26 30-39	40:37.01	41:10.78	0:33.77	13:06/M
214		Rob Timmons	Mechanicsville VA	2313	47	M	18/25 40-49	40:41.84	40:57.66	0:15.82	13:07/M
215		Lubna Anwar	Midlothian VA	2012	51	F	8/14 50-59	40:52.20	41:00.17	0:07.97	13:11/M
216		Melissa Elliott	Richmond VA	2084	41	F	25/36 40-49	41:39.26	41:40.27	0:01.01	13:26/M
217		Taaha Bhatti	Midlothian VA	2023	9	M	32/51 1-12	41:53.13	42:00.29	0:07.16	13:31/M
218		Zaki Siddiqi		2411	9	M	33/51 1-12	41:53.74	41:59.89	0:06.15	13:31/M
219		Amber Vandermeer	Midlothian VA	2318	42	F	26/36 40-49	41:56.18	42:02.75	0:06.57	13:32/M
220		Shayan Minai	Midlothian VA	2220	10	M	34/51 1-12	42:04.43	42:12.44	0:08.01	13:34/M
221		Camille Marx	Richmond VA	2209	8	F	15/31 1-12	42:17.45	42:24.88	0:07.43	13:38/M
222		Amelle Chanda	Glen Allen VA	2057	13	F	16/27 13-18	42:18.30	42:40.15	0:21.85	13:39/M
223		Mike Adams	Glen Allen VA	2002	34	M	21/26 30-39	42:26.39	42:26.39		13:41/M
224		Walker Hogan	Richmond VA	2140	11	M	35/51 1-12	42:37.68	42:37.68		13:45/M
225		Mobeen Raja	Glen Allen VA	2262	13	M	18/21 13-18	43:09.33	43:18.19	0:08.86	13:55/M
226		Saaleh Khan	Glen Allen VA	2170	11	M	36/51 1-12	43:57.23	44:05.06	0:07.83	14:11/M
227		Nichole McGrady	Powhatan VA	2213	27	F	22/32 19-29	43:57.86	44:00.58	0:02.72	14:11/M
228		Yumna Rahman	Chester VA	2257	16	F	17/27 13-18	44:06.61	44:30.77	0:24.16	14:14/M
229		Watson Belcher	Salem VA	2020	4	M	37/51 1-12	44:25.19	44:45.61	0:20.42	14:20/M
230		Raegan Lumpkins	King George VA	2203	12	F	16/31 1-12	44:37.24	45:01.13	0:23.89	14:24/M
231		Henry Belcher	Salem VA	2018	59	M	13/15 50-59	44:43.62	44:43.62		14:25/M
232		Gianna Fioravante	Richmond VA	2094	29	F	23/32 19-29	45:06.34	48:30.52	3:24.18	14:33/M
233		Lauren Hagin	Henrico VA	2123	10	F	17/31 1-12	45:13.37	46:24.49	1:11.12	14:35/M
234		Ameen Rahman	Chester VA	2255	8	F	18/31 1-12	45:16.48	45:40.63	0:24.15	14:36/M
235		Carrie Hagin	Henrico VA	2122	45	F	27/36 40-49	45:20.59	46:33.04	1:12.45	14:37/M
236		Sadiq Rahman	Chester VA	2256	5	M	38/51 1-12	45:24.22	45:50.31	0:26.09	14:39/M
237		Elliott Tarchokov	Richmond VA	2303	14	F	18/27 13-18	45:25.66	45:25.66		14:39/M
238		Garrett Tarchokov	Richmond VA	2304	11	M	39/51 1-12	45:25.82	45:25.82		14:39/M
239		Emilie Schoenhut	Beaverdam VA	2288	23	F	24/32 19-29	45:28.22	45:51.37	0:23.15	14:40/M
240		Genevieve D'Antonio	Beaverdam VA	2073	24	F	25/32 19-29	45:29.70	45:51.71	0:22.01	14:40/M
241		Larissa Goalder	Waynesboro VA	2105	19	F	26/32 19-29	45:47.05	46:20.19	0:33.14	14:46/M
242		Sunny Goalder	Waynesboro VA	2106	10	F	19/31 1-12	45:48.55	46:21.35	0:32.80	14:46/M
243		Shrinidhi Nadgouda	Glen Allen VA	2234	13	F	19/27 13-18	45:59.25	46:01.34	0:02.09	14:50/M
244		Alayna Williams	Midlothian VA	2335	11	F	20/31 1-12	46:16.20	46:24.94	0:08.74	14:55/M
245		Katie Williams	Mechanicsville VA	2337	29	F	27/32 19-29	46:18.84	47:09.32	0:50.48	14:56/M
246		Susan Williams	Midlothian VA	2340	39	F	16/31 30-39	46:23.66	46:32.54	0:08.88	14:58/M
247		Jamie Karek	Richmond VA	2156	39	F	17/31 30-39	46:49.29	47:03.61	0:14.32	15:06/M
248		Julliet Coates	Richmond VA	2063	55	F	9/14 50-59	47:00.59	47:08.77	0:08.18	15:10/M
249		Candice Taylor	Richmond VA	2305	33	F	18/31 30-39	47:21.57	49:48.34	2:26.77	15:16/M
250		Eshan Vishwakarma	Glen Allen VA	2326	13	M	19/21 13-18	47:36.51	47:43.10	0:06.59	15:21/M
251		Elijah Weeks	Glen Allen VA	2330	31	M	22/26 30-39	47:42.07	47:56.99	0:14.92	15:23/M
252		Kriston Weeks	Glen Allen VA	2331	34	F	19/31 30-39	47:51.05	48:07.34	0:16.29	15:26/M
253		Chase Kilpatrick	Mechanicsville VA	2173	10	M	40/51 1-12	48:16.29	48:17.55	0:01.26	15:34/M
254		Emily Pavey	Ruther Glen VA	2239	15	F	20/27 13-18	48:48.07	48:52.11	0:04.04	15:45/M
255		Cruz Kilpatrick	Mechanicsville VA	2175	4	M	41/51 1-12	48:54.75	49:05.42	0:10.67	15:46/M
256		Tara Kilpatrick	Mechanicsville VA	2177	41	F	28/36 40-49	48:57.70	49:09.32	0:11.62	15:47/M
257		Kathryn Henshaw	Ruther Glen VA	2134	23	F	28/32 19-29	49:10.45	52:17.03	3:06.58	15:52/M
258		Hanna Pavey	Ruther Glen VA	2240	13	F	21/27 13-18	49:10.65	49:15.53	0:04.88	15:52/M
259		Sam Gupton	Richmond VA	2119	5	M	42/51 1-12	50:23.27	52:00.45	1:37.18	16:15/M
260		Mary Labons	Henrico VA	2186	15	F	22/27 13-18	51:04.60	51:34.73	0:30.13	16:28/M
261		April Haynes		2379	46	F	29/36 40-49	51:16.22	51:41.16	0:24.94	16:32/M
262		Pamela Koth	Chesterfield VA	2183	51	F	10/14 50-59	51:58.77	52:41.80	0:43.03	16:46/M
263		David Jordan	Accokeek MD	2150	32	M	23/26 30-39	52:00.74	52:28.69	0:27.95	16:46/M
264		Jennifer Moore	Moseley VA	2227	41	F	30/36 40-49	52:05.57	52:40.04	0:34.47	16:48/M
265		Rebeca Delgado	Glen Allen VA	2076	30	F	20/31 30-39	52:10.28	54:18.78	2:08.50	16:50/M
266		Katie Hollister	Henrico VA	2145	11	F	21/31 1-12	52:39.80	55:38.88	2:59.08	16:59/M
267		John Koth	Chesterfield VA	2182	52	M	14/15 50-59	52:40.91	52:40.91		16:59/M
268		Steve Novey		2396	48	M	19/25 40-49	53:33.16	54:51.64	1:18.48	17:16/M

## 12th Annual ASK 5K &amp; Fun Walk

Race Date

April 22, 2017

Overall Finish List**5K Run**

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
269		Beth Novey		2398	49	F	31/36 40-49	53:34.96	54:55.33	1:20.37	17:17/M
270		Momina Raja	Glen Allen VA	2263	8	F	22/31 1-12	54:31.66	55:21.31	0:49.65	17:35/M
271		Joshua Konkol	Glen Allen VA	2180	31	M	24/26 30-39	54:32.31	56:46.83	2:14.52	17:35/M
272		Scott Brooks	Richmond VA	2041	45	M	20/25 40-49	54:55.06	55:30.85	0:35.79	17:43/M
273		Angela Wilson Lee	Chesterfield VA	2341	47	F	32/36 40-49	55:06.03	55:46.66	0:40.63	17:46/M
274		Adan Konkol	Glen Allen VA	2179	5	M	43/51 1-12	55:28.86	57:38.93	2:10.07	17:54/M
275		Ashley Brooks	Richmond VA	2039	42	F	33/36 40-49	55:30.29	56:08.40	0:38.11	17:54/M
276		Aaron Ruth	Midlothian VA	2271	35	M	25/26 30-39	55:36.39	59:15.15	3:38.76	17:56/M
277		Mark Novey		2401	50	M	15/15 50-59	56:32.75	57:47.30	1:14.55	18:14/M
278		David Dunsmore	Beaverdam VA	2386	61	M	3/3 60-69	57:13.18	1:00:26.96	3:13.78	18:27/M
279		Lily Brooks	Richmond VA	2040	9	F	23/31 1-12	57:17.97	59:43.81	2:25.84	18:29/M
280		Christy Omarzai	Hopewell VA	2237	36	F	21/31 30-39	57:23.29	1:00:15.41	2:52.12	18:31/M
281		Shahnaz Khan	Midlothian VA	2171	58	F	11/14 50-59	57:27.95	59:32.93	2:04.98	18:32/M
282		Natalie Ellis	Mechanicsville VA	2086	5	F	24/31 1-12	57:35.19	57:37.70	0:02.51	18:35/M
283		Lisa Rusnak	Petersburg VA	2270	42	F	34/36 40-49	58:34.42	59:04.07	0:29.65	18:54/M
284		Maxine Labons	Henrico VA	2187	15	F	23/27 13-18	58:34.49	59:04.42	0:29.93	18:54/M
285		Gabrielle Hill	Glen Allen VA	2136	10	F	25/31 1-12	58:41.09	59:34.77	0:53.68	18:56/M
286		Robert Hill	Glen Allen VA	2137	41	M	21/25 40-49	58:42.86	59:34.44	0:51.58	18:56/M
287		Kym Estes	Spring Grove VA	2088	45	F	35/36 40-49	58:44.99	59:18.06	0:33.07	18:57/M
288		Cindy Longmire	Hyattsville MD	2197	61	F	3/3 60-69	58:58.74	1:01:13.09	2:14.35	19:01/M
289		Kennedy Estes	Spring Grove VA	2087	13	F	24/27 13-18	59:29.81	1:00:11.20	0:41.39	19:11/M
290		Daniel Madison	Mechanicsville VA	2205	20	M	10/10 19-29	1:00:30.76	1:01:19.30	0:48.54	19:31/M
291		Kynley Estes	Spring Grove VA	2089	18	F	25/27 13-18	1:00:33.29	1:01:18.83	0:45.54	19:32/M
292		Elizabeth Caswell	Accokeek MD	2053	37	F	22/31 30-39	1:00:36.01	1:01:04.06	0:28.05	19:33/M
293		Ethan Moosa	Glen Allen VA	2356	8	M	44/51 1-12	1:01:01.31	1:03:28.26	2:26.95	19:41/M
294		Sarah Moosa	Glen Allen VA	2357	33	F	23/31 30-39	1:01:02.93	1:03:28.54	2:25.61	19:41/M
295		Noah Kaplan	Glen Allen VA	2155	7	M	45/51 1-12	1:01:54.44	1:04:22.17	2:27.73	19:58/M
296		Jessica Morgan	Glen Allen VA	2228	38	F	24/31 30-39	1:01:54.89	1:04:22.71	2:27.82	19:58/M
297		Owen Scher	Richmond VA	2287	17	M	20/21 13-18	1:02:05.03	1:03:58.77	1:53.74	20:02/M
298		Katherine Scher	Richmond VA	2286	14	F	26/27 13-18	1:02:08.22	1:03:58.51	1:50.29	20:03/M
299		Landry Estes	Spring Grove VA	2090	11	F	26/31 1-12	1:02:29.85	1:03:15.30	0:45.45	20:09/M
300		Rehan Saleem	Midlothian VA	2275	48	M	22/25 40-49	1:03:25.91	1:05:35.30	2:09.39	20:27/M
301		Matthew Capehart	Chesterfield VA	2050	44	M	23/25 40-49	1:03:44.49	1:08:54.32	5:09.83	20:34/M
302		Justin Viener	Henrico VA	2325	45	M	24/25 40-49	1:04:08.92	1:08:33.99	4:25.07	20:41/M
303		Daniel Viener	Henrico VA	2324	11	M	46/51 1-12	1:04:11.48	1:08:35.33	4:23.85	20:42/M
304		Musa Khan	Midlothian VA	2169	9	M	47/51 1-12	1:04:19.71	1:05:07.33	0:47.62	20:45/M
305		Hina Khan	Glen Allen VA	2168	37	F	25/31 30-39	1:04:34.32	1:05:28.38	0:54.06	20:50/M
306		Helene Kastenbaum	Richmond VA	2159	50	F	12/14 50-59	1:04:51.89	1:06:22.15	1:30.26	20:55/M
307		Jenna Schwab	Midlothian VA	2291	12	F	27/31 1-12	1:05:21.91	1:09:26.35	4:04.44	21:05/M
308		Shannon Schellenberg	Richmond VA	2285	36	F	26/31 30-39	1:06:18.72	1:06:18.72		21:23/M
309		Colleen Maitland	Richmond VA	2206	59	F	13/14 50-59	1:08:27.84	1:12:26.91	3:59.07	22:05/M
310		Monty Mukhopadhyay	Glen Allen VA	2231	9	M	48/51 1-12	1:08:37.94	1:09:54.31	1:16.37	22:08/M
311		Carter Anderson	Henrico VA	2008	8	M	49/51 1-12	1:09:03.65	1:10:13.83	1:10.18	22:16/M
312		Shelby Ward	Richmond VA	2329	24	F	29/32 19-29	1:09:05.87	1:13:05.94	4:00.07	22:17/M
313		Jordan Burton	Richmond VA	2046	27	F	30/32 19-29	1:09:33.32	1:14:35.07	5:01.75	22:26/M
314		Samantha Fox	Richmond VA	2095	27	F	31/32 19-29	1:09:33.36	1:14:36.37	5:03.01	22:26/M
315		Dana Jones	Richmond VA	2148	34	F	27/31 30-39	1:09:33.78	1:14:36.26	5:02.48	22:26/M
316		Reese Jordan	Midlothian VA	2151	8	F	28/31 1-12	1:09:57.15	1:13:12.63	3:15.48	22:34/M
317		Amy Jordan	Midlothian VA	2149	37	F	28/31 30-39	1:10:03.27	1:13:12.29	3:09.02	22:36/M
318		Stephanie Anderson	Henrico VA	2010	45	F	36/36 40-49	1:11:56.46	1:14:30.48	2:34.02	23:12/M
319		Madeleine Anderson	Henrico VA	2009	10	F	29/31 1-12	1:12:21.23	1:14:25.49	2:04.26	23:20/M
320		Aamir Khan	Midlothian VA	2165	9	M	50/51 1-12	1:12:43.00	1:13:32.31	0:49.31	23:27/M
321		Ibrahim Raja	Glen Allen VA	2261	13	M	21/21 13-18	1:12:44.80	1:13:34.90	0:50.10	23:28/M
322		Rebecca Hendrix	Richmond VA	2132	34	F	29/31 30-39	1:12:44.80	1:16:24.31	3:39.51	23:28/M
323		Mack Hendrix	Richmond VA	2131	35	M	26/26 30-39	1:12:47.92	1:16:23.28	3:35.36	23:29/M
324		Wilson Hogan	Richmond VA	2141	13	F	27/27 13-18	1:12:51.73	1:14:21.28	1:29.55	23:30/M
325		Chloe Galichon	Glen Allen VA	2099	8	F	30/31 1-12	1:13:55.75	1:16:34.95	2:39.20	23:51/M
326		Karen Galichon	Glen Allen VA	2100	50	F	14/14 50-59	1:14:07.31	1:16:40.20	2:32.89	23:55/M
327		Henry Treanor	Richmond VA	2314	3	M	51/51 1-12	1:14:16.38	1:19:29.31	5:12.93	23:57/M
328		Alyse Rooks	Henrico VA	2267	30	F	30/31 30-39	1:14:30.67	1:15:52.31	1:21.64	24:02/M
329		Markku Juopperi	Midlothian VA	2152	45	M	25/25 40-49	1:14:50.50	1:20:14.64	5:24.14	24:08/M
330		Virginia Clarke	Henrico VA	2062	7	F	31/31 1-12	1:15:54.96	1:19:35.31	3:40.35	24:29/M
331		Keira Feagley	Richmond VA	2091	29	F	32/32 19-29	1:16:53.03	1:16:53.03		24:48/M
332		Leigh Roberts		2400	31	F	31/31 30-39	1:18:33.07	1:21:15.30	2:42.23	25:20/M