



If interested in any of the volunteer activities below, please contact us at 804-658-5910 or email Megan Angstadt at mangstadt@askccf.org.

UPCOMING

Halloween Party / Parents Night Out

- Friday, October 26th, 6-9pm, ASK's office
- Set-up crafts, play games and clean-up

Mustaches 4 Kids Growing Season (Nov 1st – Dec 1st)

- Join ASK's entourage of hairy supporters by registering to grow a mustache during the month of November and raising funds to help support children with cancer
- Your participation helps ASK to show its appreciation to M4K who has donated over \$297,500 over the past 7 years. Our grower representation helps to maintain this generous support
- Sign-up at www.m4krichmond.org

ASK 5K Donut Run & Kids Donut Dash

- Saturday, November 17th, 6am-11am
- Kids Donut Dash @ 8am, 5K Donut Run @ 9am, St. Christopher's School
- Register to participate or volunteer at www.donutrun.org
- 800-1000 attendees
- Volunteer needs include set-up & clean-up, course marshals, hand-out finish line food (donuts!!), create spirit stations, etc.

Adopt-a-Family Holiday Gifts

- Expecting over 40 ASK families who will need extra support this year to make the holiday season a special one. Shoppers are given wish list for the family.
- Call ASK volunteer Joyce Heyer at 804-748-3898 by November 10th.
- Wrapped and labeled gifts need to be dropped on December 17th from 12pm-7pm at the ASK office (5211 W. Broad Street, Suite 102)

Holiday Toy Drive

- ASK kids and their sibling(s) receive a gift with a value of \$25-\$30 at the annual ASK holiday party. For kids inpatient at the clinic, we deliver gifts to them. We also set-up one-on-one Santa visits for children who are unable to attend the holiday party due to health restrictions.
- Unwrapped gifts should be delivered to ASK by Wednesday, November 21st, for inventorying, wrapping, labeling, etc.
- Presents are needed for all ages – infants, young kids, to teens.
- Kid gift ideas: Action figures, Barbies, craft/paint kits, nerf guns, baby dolls, remote controlled cars, Legos, etc.
- Teen gift ideas: Gift cards to Target, movies, Walmart, GameStop or SweetFrog are a hit.
- No stuffed animals please
- Online shopping wish lists:
 - <https://www.amazon.com/gp/registry/wishlist/39OAE35SR91RM>
 - <tgt.gifts/ASKHolidayWishList2018>
 - <https://www.walmart.com/lists/view-events-registry-items?id=6bae78a2-7dbc-4747-b838-186b3d350ff7>

Holiday Preparations

- Gift wrapping takes place November 26th-29th at ASK office
- Volunteer help also needed with loading gifts in U-Haul on Friday, November 30th

Holiday Party

- Sunday, December 2nd, 2pm-4pm
- Wyndham Virginia Crossings
- 400+ ASK kids and family members
- Volunteers needed to setup event, run games/crafts, and greet families.

Spring 2019

14th Annual ASK 5K & Fun Walk

- Saturday, May 4th, 5K begins at 10am, The Diamond
- Register to participate or volunteer at www.askwalk.org
- 1,500-1,800 attendees
- Volunteer needs include set-up & clean-up, course marshals, hand-out finish line food, create spirit stations, etc.